

**9-12 GRADE LUNCH MENU  
SEPTEMBER 2022**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			SUPER NACHOS HONEYDEW JUICE BOX ROMAINE SALAD/CROUTON/RANCH BLACK BEANS CHOICE OF MILK  SOUR CREAM, SALSA	MANDARIAN ORANGE CHICKEN STEAMED RICE EGG ROLL CRUNCHY GRAPES PEACHES CAULIFLOWER WITH RANCH EDAMAME CHOICE OF MILK
5	6	7	8	9
LABOR DAY NO SCHOOL	MACARONI AND CHEESE BREADSTICK SLICED APPLES JUICE BOX BROCCOLI WITH RANCH CORN CHOICE OF MILK  JALAPENO'S	TACO SALAD SWEET CANTALOUPE APPLESAUCE CHERRY TOMATOES W/RANCH BLACK BEANS CHOICE OF MILK  RANCH DRESSING SALSA	CHILI WITH SHREDDED CHEESE CINNAMON ROLL HONEYDEW JUICE BOX ROMAINE SALAD/CROUTON/RANCH EDAMAME CHOICE OF MILK	CHILI CHEESE DOG FRENCH FRIES CRUNCHY GRAPES PEACHES CAULIFLOWER WITH RANCH CHOICE OF MILK  VANILLA PUDDING
12	13	14	15	16
GREEN CHILI TAMALES WATERMELON MANDARIAN ORANGES CARROTS WITH RANCH BLACK BEANS CHOICE OF MILK  SHREDDED LETTUCE SALSA, SOUR CREAM	TERIYAKI CHICKEN STEAMED RICE EGG ROLL SLICED APPLES JUICE BOX CHERRY TOMATOES W/RANCH CORN CHOICE OF MILK	GARLIC CHEESEY DUNKERS SWEET CANTALOUPE APPLESAUCE BROCCOLI WITH RANCH SEASONED GREEN BEANS CHOICE OF MILK  CHOCOLATE PUDDING MARINARA SAUCE	SPAGHETTI WITH SAUCE BREADSTICK HONEYDEW JUICE BOX ROMAINE SALAD/CROUTON/RANCH STEAMED PEAS CHOICE OF MILK  PARMESAN CHEESE	CHICKEN TENDERS CANDY CHIP COOKIE TATOR TOTS PEACHES CRUNCHY GRAPES EDAMAME CHOICE OF MILK  KETCHUP, BBQ SAUCE
19	20	21	22	23
APPLE CINNAMON FRENCH TOAST CANADIAN BACON WATERMELON MANDARIAN ORANGES CARROTS WITH RANCH HASHBROWN PATTIE CHOICE OF MILK  KETCHUP	POPCORN CHICKEN CHOICE OF CHIP CHERRY TOMATOES W/RANCH SEASONED GREEN BEANS SLICED APPLES JUICE BOX CHOICE OF MILK  BBQ SAUCE, KETCHUP	TURKEY/POTATO/GRAVY BOWL HOT ROLL SWEET CANTALOUPE APPLESAUCE CORN CHOICE OF MILK  MARGARINE	BURRITO W/QUESO BLANCO SAUCE TORTILLA CHIPS HONEYDEW JUICE BOX ROMAINE SALAD/CROUTON/RANCH BLACK BEANS CHOICE OF MILK  SHREDDED LETTUCE, SALSA	PIZZA CARROTS APPLESAUCE CHOICE OF MILK COOKIE
26	27	28	29	30
CHICKEN NUGGETS CHOCOLATE CHIP COOKIE SPIRAL FRIES CARROTS WITH RANCH WATERMELON MANDARIAN ORANGES CHOICE OF MILK  KETCHUP/BBQ SAUCE	BAKED POTATO W/HAM & CHEESE HOT ROLL SLICED APPLES JUICE BOX CHERRY TOMATOES W/RANCH CHOICE OF MILK  SOUR CREAM, MARGARINE, RANCH	CHICKEN FRIED STEAK MASHED POTATO AND GRAVY SWEET CANTALOUPE APPLESAUCE BROCCOLI WITH RANCH CHOICE OF MILK	SUPER NACHOS HONEYDEW JUICE BOX ROMAINE SALAD/CROUTON/RANCH BLACK BEANS CHOICE OF MILK  SOUR CREAM, SALSA	MANDARIAN ORANGE CHICKEN STEAMED RICE EGG ROLL CRUNCHY GRAPES PEACHES CAULIFLOWER WITH RANCH EDAMAME CHOICE OF MILK