

**9-12 GRADE LUNCH MENU
OCTOBER 2022**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 PIZZA CARROTS PEACHES JUICE BOX CHOICE OF MILK COOKIE MARINARA SAUCE	4 MACARONI AND CHEESE BREADSTICK SLICED APPLES JUICE BOX BROCCOLI WITH RANCH EDAMAME CHOICE OF MILK JALAPENO'S	5 TACO SALAD BANANA CINNAMON CREAM APPLESAUCE CARROTS WITH RANCH BLACK BEANS CHOICE OF MILK RANCH DRESSING SALSA	6 CHILI WITH SHREDDED CHEESE CINNAMON ROLL SLICED APPLES JUICE BOX ROMAINE SALAD/CROUTON/RANCH CORN CHOICE OF MILK	7 NO SCHOOL PARENT / TEACHER/ STUDENT CONFERENCES
10 GREEN CHILI TAMALES SLICED APPLES PEARS WITH WHIP CREAM CARROTS WITH RANCH BLACK BEANS CHOICE OF MILK SHREDDED LETTUCE SALSA, SOUR CREAM	11 TERYAKI CHICKEN STEAMED RICE EGG ROLL SLICED APPLES JUICE BOX BROCCOLI WITH RANCH CORN CHOICE OF MILK	12 PSAT / ONLINE INSTRUCTION DAY NO LUNCH SERVED	13 FALL BREAK NO SCHOOL	14 FALL BREAK NO SCHOOL
17 APPLE CINNAMON FRENCH TOAST CANADIAN BACON SLICED APPLES PEARS WITH WHIP CREAM CARROTS WITH RANCH HASHBROWN PATTIE CHOICE OF MILK KETCHUP	18 POPCORN CHICKEN POTATO WEDGES BROCCOLI WITH RANCH SLICED APPLES JUICE BOX CHOICE OF MILK BBQ SAUCE, KETCHUP	19 TURKEY/POTATO/GRAVY BOWL HOT ROLL BANANA CINNAMON CREAM APPLESAUCE CARROTS WITH RANCH CHOICE OF MILK MARGARINE	20 BURRITO W/QUESO BLANCO SAUCE TORTILLA CHIPS SLICED APPLES JUICE BOX ROMAINE SALAD/CROUTON/RANCH BLACK BEANS CHOICE OF MILK SHREDDED LETTUCE, SALSA	21 GENERAL TSO CHICKEN STEAMED RICE DUMPLING SLICED APPLES PEACHES CAULIFLOWER WITH RANCH EDAMAME CHOICE OF MILK
24 CHICKEN NUGGETS CHOCOLATE CHIP COOKIE SPIRAL FRIES CARROTS WITH RANCH PEARS WITH WHIP CREAM SLICED APPLES CHOICE OF MILK KETCHUP/BBQ SAUCE	25 BAKED POTATO W/HAM & CHEESE HOT ROLL SLICED APPLES JUICE BOX BROCCOLI WITH RANCH CHOICE OF MILK SOUR CREAM, MARGARINE, RANCH	26 CHICKEN FRIED STEAK MASHED POTATO AND GRAVY HOT ROLL BANANA CINNAMON CREAM APPLESAUCE CARROTS WITH RANCH CHOICE OF MILK	27 SUPER NACHOS SLICED APPLES JUICE BOX ROMAINE SALAD/CROUTON/RANCH BLACK BEANS CHOICE OF MILK SOUR CREAM, SALSA	28 MANDARIN ORANGE CHICKEN STEAMED RICE DUMPLING SLICED APPLES PEACHES CAULIFLOWER WITH RANCH EDAMAME CHOICE OF MILK
31 MINI CALZONES SLICED APPLES PEARS WITH WHIP CREAM CARROTS WITH RANCH STEAMED PEAS W/PARMESAN CHOICE OF MILK MARINARA SAUCE				