

**9-12 GRADE LUNCH MENU  
SEPTEMBER 2023**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 MANDARIAN ORANGE CHICKEN STEAMED RICE DUMPLINGS SLICED APPLES HONEYDEW CAULIFLOWER WITH RANCH EDAMAME CHOICE OF MILK
4	5	6	7	8
LABOR DAY NO SCHOOL	MACARONI AND CHEESE BREADSTICK SLICED APPLES ORANGE WEDGES BROCCOLI WITH RANCH GREEN BEANS CHOICE OF MILK  JALAPENOS	SHREDDED PORK TACO SALAD TORTILLA CHIPS CRUNCHY GRAPES SLICED APPLES CARROTS WITH RANCH BLACK BEANS CHOICE OF MILK  ONIONS, SALSA	CHILI WITH SHREDDED CHEESE CHOCOLATE CHIP SCONES WATERMELON SLICED APPLES ROMAINE SALAD/CROUTON/RANCH SEASONED CORN CHOICE OF MILK	CHICKEN ENCHILADA EMPANADA SLICED APPLES HONEYDEW EDAMAME CAULIFLOWER WITH RANCH CHOICE OF MILK  VANILLA PUDDING
11	12	13	14	15
CHICKEN SOFT TACO SPANISH RICE CANTELOUPE SLICED APPLES CARROTS WITH RANCH BLACK BEANS CHOICE OF MILK  SHREDDED LETTUCE SALSA, SOUR CREAM	CHICKEN TERIYAKI STEAMED RICE HOT ROLL SLICED APPLES ORANGE WEDGES BROCCOLI WITH RANCH EDAMAME CHOICE OF MILK  MARGARINE	CHICKEN TENDERS CANDY CHIP COOKIE TATOR TOTS CRUNCHY GRAPES SLICED APPLES CARROTS WITH RANCH CHOICE OF MILK  KETCHUP, BBQ SAUCE	SPAGHETTI WITH SAUCE GARLIC TEXAS TOAST WATERMELON SLICED APPLES ROMAINE SALAD/CROUTON/RANCH SEASONED CORN CHOICE OF MILK	GARLIC CHEESY DUNKERS CAULIFLOWER WITH RANCH HONEYDEW SLICED APPLES CHOICE OF MILK EDAMAME  CHOCOLATE PUDDING MARINARA SAUCE
18	19	20	21	22
APPLE CINNAMON FRENCH TOAST CANADIAN BACON SCRAMBLED EGGS CANTELOUPE SLICED APPLES CARROTS WITH RANCH HASHBROWN PATTIE CHOICE OF MILK  KETCHUP	POPCORN CHICKEN POTATO WEDGES BROCCOLI WITH RANCH ORANGE WEDGES SLICED APPLES CHOICE OF MILK  BBQ SAUCE, KETCHUP	TURKEY/POTATO/GRAVY BOWL HOT ROLL CRUNCHY GRAPES SLICED APPLES SEASONED GREEN BEANS CARROTS WITH RANCH CHOICE OF MILK  MARGARINE	BURRITO W/QUESO BLANCO SAUCE TORTILLA CHIPS WATERMELON SLICED APPLES ROMAINE SALAD/CROUTON/RANCH SEASONED CORN CHOICE OF MILK  SHREDDED LETTUCE, SALSA	PIZZA CARROTS FRUIT COOKIE CHOICE OF MILK
25	26	27	28	29
CHICKEN NUGGETS CHOCOLATE CHIP COOKIE SPIRAL FRIES CARROTS WITH RANCH SLICED APPLES CANTELOUPE CHOICE OF MILK  KETCHUP/BBQ SAUCE	BAKED POTATO W/HAM & CHEESE GARLIC CHEESE BREADSTICK SLICED APPLES ORANGE WEDGES BROCCOLI WITH RANCH CHOICE OF MILK  SOUR CREAM, MARGARINE, RANCH	CHICKEN FRIED STEAK MASHED POTATO AND GRAVY HOT ROLL CARROTS WITH RANCH SLICED APPLES CRUNCHY GRAPES CHOICE OF MILK  MARGARINE	SUPER NACHOS SEASONED CORN ROMAINE SALAD/CROUTON/RANCH WATERMELON SLICED APPLES CHOICE OF MILK  SOUR CREAM, SALSA	MANDARIAN ORANGE CHICKEN STEAMED RICE DUMPLINGS SLICED APPLES HONEYDEW CAULIFLOWER WITH RANCH EDAMAME CHOICE OF MILK