

**9-12 GRADE LUNCH MENU  
OCTOBER 2023**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 MINI CALZONES PEACHES WITH WHIP CREAM SLICED APPLES CARROTS WITH RANCH STEAMED PEAS W/PARMESAN CHOICE OF MILK  MARINARA SAUCE	3 MACARONI AND CHEESE BREADSTICK APPLESAUCE ORANGE WEDGES BROCCOLI WITH RANCH GREEN BEANS CHOICE OF MILK  JALAPENOS	4 SHREDDED PORK TACO SALAD TORTILLA CHIPS STRAWBERRY MANGO SLUSH CUP SLICED APPLES CARROTS WITH RANCH BLACK BEANS CHOICE OF MILK  ONIONS, SALSA	5 CHILI WITH SHREDDED CHEESE CHOCOLATE CHIP SCONE DICED PEARS IN SWEET JUICE SLICED APPLES ROMAINE SALAD/CROUTON/RANCH SEASONED CORN CHOICE OF MILK	6          <b>NO SCHOOL PARENT TEACHER STUDENT CONFERENCES</b>
9 PIZZA COOKIE CARROTS APPLESAUCE CHOICE OF MILK	10 CHICKEN TERIYAKI STEAMED RICE HOT ROLL APPLESAUCE ORANGE WEDGES BROCCOLI WITH RANCH EDAMAME CHOICE OF MILK  MARGARINE	11 GARLIC CHEESEY DUNKERS STRAWBERRY MANGO SLUSH CUP SLICED APPLES CARROTS WITH RANCH SEASONED GREEN BEANS CHOICE OF MILK  CHOCOLATE PUDDING MARINARA SAUCE	12          <b>FALL BREAK NO SCHOOL</b>	13          <b>FALL BREAK NO SCHOOL</b>
16 APPLE CINNAMON FRENCH TOAST CANADIAN BACON SCRAMBLED EGGS PEACHES WITH WHIP CREAM SLICED APPLES CARROTS WITH RANCH HASHBROWN PATTIE CHOICE OF MILK  KETCHUP	17 POPCORN CHICKEN POTATO WEDGES BROCCOLI WITH RANCH ORANGE WEDGES APPLESAUCE CHOICE OF MILK  BBQ SAUCE, KETCHUP	18 TURKEY/POTATO/GRAVY BOWL HOT ROLL STRAWBERRY MANGO SLUSH CUP SLICED APPLES SEASONED GREEN BEANS CARROTS WITH RANCH CHOICE OF MILK  MARGARINE	19 BURRITO W/QUESO BLANCO SAUCE TORTILLA CHIPS DICED PEARS IN SWEET JUICE SLICED APPLES ROMAINE SALAD/CROUTON/RANCH SEASONED CORN CHOICE OF MILK  SHREDDED LETTUCE, SALSA	20 GENERAL TSO CHICKEN STEAMED RICE DUMPLINGS SLICED APPLES CANDY CORN FRUIT CAULIFLOWER WITH RANCH EDAMAME CHOICE OF MILK
23 CHICKEN NUGGETS CHOCOLATE CHIP COOKIE SPIRAL FRIES CARROTS WITH RANCH SLICED APPLES PEACHES WITH WHIP CREAM CHOICE OF MILK  KETCHUP/BBQ SAUCE	24 BAKED POTATO W/HAM & CHEESE GARLIC CHEESE BREADSTICK APPLESAUCE ORANGE WEDGES BROCCOLI WITH RANCH CHOICE OF MILK  SOUR CREAM, MARGARINE, RANCH	25 CHICKEN FRIED STEAK MASHED POTATO AND GRAVY HOT ROLL CARROTS WITH RANCH SLICED APPLES STRAWBERRY MANGO SLUSH CUP CHOICE OF MILK  MARGARINE	26 SUPER NACHOS SEASONED CORN ROMAINE SALAD/CROUTON/RANCH DICED PEARS IN SWEET JUICE SLICED APPLES CHOICE OF MILK  SOUR CREAM, SALSA	27 MANDARIAN ORANGE CHICKEN STEAMED RICE DUMPLINGS SLICED APPLES CANDY CORN FRUIT CAULIFLOWER WITH RANCH EDAMAME CHOICE OF MILK
30 MINI CALZONES PEACHES WITH WHIP CREAM SLICED APPLES CARROTS WITH RANCH STEAMED PEAS W/PARMESAN CHOICE OF MILK  MARINARA SAUCE	31 MACARONI AND CHEESE BREADSTICK APPLESAUCE ORANGE WEDGES BROCCOLI WITH RANCH GREEN BEANS CHOICE OF MILK HALLOWEEN COOKIE  JALAPENOS			